
ATTACKING MACE

FRONT | RIGHT STRAIGHT PUNCH | TO THE FACE

Name:

Mace is symbolic for fist. In this case, the technique name stems from the action of our opponent's attacking fist.

Attack:

The Ideal Phase of this technique begins from the front. Your opponent commences from the left Fighting Stance. As he steps forward, he executes a right straight punch towards your face.

Theme:

This technique favors grabbing checks to control your opponent. It uses Reverse Motion twice. In doing this reverse combination sequence the following can be observed: Left block then right punch, and right block then left punch.

Movement:

1. With your feet together, drop back with your right foot towards 6:00 into a left Neutral Bow Stance (facing 12:00), as you execute a **left inward block to the outside of your opponent's right punch**. During this action, your right hand cocks forward and slightly to the right of your solar plexus (fist clenched and palm up). (You are turning the width of your opponent's body.)
2. Immediately pivot into a left Forward Bow Stance as you execute a **right straight thrust punch to the right lower rib cage** of your opponent. Make sure that your left hand is open as it checks your opponent's right elbow. (Your action should cause your opponent to bend forward at the waist and be forced back slightly.)
3. Circle your right hand down, out, over, and around your opponent's right arm as you **counter grab the outside of your opponent's right wrist**. Immediately **pull your opponent's arm diagonally down past your right hip** while simultaneously delivering a **right roundhouse kick to his groin**. During this action, cock your left hand slightly above your left rib cage (fist clenched and palm up). (Your kick and pull should cause your opponent to bend forward even farther, thus exposing his right kidney.)
4. Drop forward into a right Forward Bow toward 12:00, while simultaneously executing a **left snapping vertical punch to your opponent's right kidney**, with your right leg on and over the Line of Entry. (Make sure your right knee is inside of your opponent's right knee, and pressing up against it. (Your punch combined with your Buckle will drop your opponent to the ground as well as move him away from you.)
5. Perform a right Front Crossover and **Cover Out toward 7:30**.

What If?

- Your opponent does not step through.
- His punch is directed toward your midsection.
- Your opponent attacks you will full Body Momentum.
- Your back is to a wall.
- Your opponent precedes his punch with the right step through kick.
- Your opponent is thrusting a club.

Technique Notes:

During your right punch to his ribs, your left inward block remains checking at your opponent's right elbow. This will prevent intentional moves as well as unintentional moves on his part.

As you complete the grab of his right arm, be sure to position your left fist at your left hip. This Angle of Delivery will promote the accuracy of your next strike.