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# CHECKING THE STORM

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## FRONT | RIGHT OVERHEAD | CLUB ATTACK

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### Name:

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Storm is a symbolic term used to describe club attacks. The name of this technique stems from your initial, as well as continuous, efforts to prevent your opponent from employing his club.

### Attack:

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The Ideal Phase of this technique teaches that the attack is from the front. The attack commences with your opponent in the left Fighting Stance. Your opponent then steps forward and executes a right overhead club attack toward your head.

### Theme:

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This technique involves a life-threatening overhead club attack. Realizing that your opponent has a long-range weapon, your response is to move off of the Line of Attack with your feet and also use your hand to deviate the course of your opponent's weapon. Although you must get off of the Line of Attack, it is extremely important that you remain within range to effectively counter your opponent's attack. Proper positioning will also help you increase target exposure on your opponent.

### Movement:

1. While standing naturally, as your opponent swings his club in an overhead fashion, quickly step to your right with your right foot toward 3:00. Simultaneously, drag your left foot toward your right foot as you form a left 45° Cat Stance facing 10:30. Without a break in the flow of your action, execute a **left extended outward handsword block to the inner wrist of your opponent's right arm**. During the natural flow of your motion have your right hand precede your left hand as a parry (executed in the manner of a right inward block) that stops, hand open, to act as a check in front of your solar plexus.
2. Immediately execute a **left front snapping ball-kick to your opponent's groin**. (This should cause your opponent to bend forward at the waist.)
3. Plant your left foot toward 10:30 in a left Twist Stance. Be sure to properly gauge the distance between you and your opponent as you deliver a **right snapping knife-edge kick to the inside of your opponent's right knee**. (Your action causes your opponent's right knee to turn out and away from you, but causes his head to move closer to you.)
4. Plant your right foot toward 10:30 into a right Neutral Bow, and while employing Marriage of Gravity, execute a **right outward back-knuckle strike to your opponent's left temple**, as your left hand remains checking at your solar plexus. (This action should drive your opponent's head away from you and possibly cause his body to drop to the ground.)
5. Perform a right Front Crossover and **Cover Out toward 4:30**.

## What If?

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- Your opponent does not step through very far.
- Your opponent does not step through at all.
- Your opponent snaps his club back.

## Technique Notes:

Decide which is more important: Blocking or getting out of the Line of Attack.

In the Ideal attack, your opponent finishes with his right leg forward. If his left leg is forward, it would not affect your first move, but may require you to Formulate your second move.

Examine the hazards of moving too far from your opponent on your first move.

Examine the pros and cons of moving to other clock positions.

Although confronted by a long-range weapon, do not overlook the use of your opponent's natural weapons.