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# DEFYING THE STORM

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## FRONT | RIGHT STEP THROUGH | ROUNDHOUSE CLUB

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### Name:

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This technique was named because of the defying methods used to thwart the efforts of a club attack. Storm symbolically depicts a club attack, thus the name Defying the Storm.

### Attack:

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In the Ideal Phase of this technique your opponent is to the right front in the left fighting stance. He then steps through with his right foot as he executes a right roundhouse club attack toward your head.

### Theme:

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This technique teaches you how to move inside the effective striking range of your opponent's club. Although the theme is similar to that of Calming the Storm, emphasis is placed on immediate destruction of the arm that is being defied. Additionally you have an immediate check on your opponent's Height Zones to prevent further retaliation (Principle of Limited Retaliation)

### Movement:

1. While Standing Naturally, step forward (toward 11:00) with your right foot into a right neutral bow, as your right knee buckles the inside of your opponent's right knee. Simultaneous with this action strike your opponent's right wrist with your left extended outward handsword. Coordinate this with a right inward handsword to your opponent's right biceps. (Your opponent should drop his club, and lose his balance)
2. Instantly have your left hand grab your opponent's left wrist and your right hand grab the back of your opponent's right elbow. Without delay, step back with your right foot toward 4:30 into a left forward bow. With this action, push his right wrist out and away from you while pulling and rolling his right elbow down and toward your )Rolling Check / Opposing Forces) to snap your opponent's right elbow joint. This is done while anchoring your right elbow past your right hip. (Your opponent should bend forward at the waist.)
3. Follow up with a right knee strike to your opponent's sternum. (This should knock the wind out of your opponent.)
4. As you plant your right foot toward 11:00, into right neutral bow, bury a right inward overhead elbow strike to your opponent's upper spine. Have your left hand maintain control control of his right wrist.
5. Right front crossover, and cover out toward 7:30

## What If:

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- Your opponent does not step through.
- Your opponent aims for the body.
- Your opponent aims for your legs.
- He steps through with his left foot.
- Your opponent uses a staff instead of a club.
- Your opponent uses a knife.
- Your opponent swings a chair.
- Your opponent swings a chain.

## Technique Notes:

Be alert to the proper timing of snapping your opponent's elbow.

Be conscience of the gradual decent when snapping your opponent's elbow.

Practice accurately when blocking or striking nerve centers.

During the push-pull effect on your opponent's right arm, be sure to anchor your right elbow, utilizing a rolling action on your opponent's right elbow, and employ parallel lines during the direct oppositional force of your two arms. (Rolling Check)

Anticipate the possibility of your opponent not releasing the club.

When disarming your opponent consider how you might Formulate using the club on your opponent.

Add Defying the Storm to an appropriate Family Group.