
EVADING THE STORM

FRONT | RIGHT STEP THRU | OVERHEAD CLUB

Name:

"Storm" is a symbolic reference to a club attack. In this technique you are not trying to stop your opponent's club attack (storm), instead you are evading the initial action.

Attack:

The IDEAL PHASE of this technique begins with your opponent to the front and in a left fighting stance. Your opponent then steps forward with his right foot and executes a right overhead club attack.

Theme:

This technique's theme is similar to that of Checking the Storm. Realizing that your opponent has a long range, life-threatening weapon, your response is to move out of the Line of Attack. You must also divert the course of your opponent's weapon with your hand. Although you are to get out of the Line of Attack, it is extremely important that you remain within range to effectively counter your opponent's attack. In Checking the Storm you are on the inside of your opponent's weapon while countering your opponent's inner zone with a kick. In this instance your leg does not have to cross the path of his weapon to reach its target and therefore you may block AND then counter. However, in EVADING THE STORM you are on the outside of your opponent's weapon while

Movement:

1. Standing naturally, have your left foot move toward 9:00 or 10:00 (to gauge the distance needed for the kick) into a left forward bow, as you execute a **right extended outward block (and handsword) to the outside of your opponent's right arm.** (You are getting out of the Line of Attack while redirecting the path of your opponent's club.) Have your left hand positionally check close to your left ribcage prior to it being used as a follow-up.
2. Immediately grab your opponent's right wrist with your right hand, and deliver a **right roundhouse kick to your opponent's groin.** (As your opponent bends forward at the waist, his right kidney should jut forward.)
3. DROP into a right forward bow toward 1:30 as you **thrust a left (clenched) horizontal punch to your opponent's right kidney** while having your right hand pull your opponent's right arm down and past your right hip. (Your opponent's body should come forward, head snap back as his knees begin to buckle.)
4. Deliver a **left knee strike to the outside of your opponent's right thigh.** (The force of your knee strike should buckle your opponent's right knee further, with the possibility of driving your opponent back.)
5. Plant your left foot forward (acting as a GAUGING LEG) while delivering a **right downward dropping knee strike to the calf or the ankle of your opponents right leg** which will immobilize his leg or possibly break the ankle. Note: another possible maneuver here could be a roundhouse knee strike to the inside of your opponent's right thigh to cause a "Charlie Horse", and immobilize his leg.
6. Right front crossover, and **cover out toward 9:00**

Theme: continued

countering your opponent's inner zones with your kick. In this technique your leg will cross the path of his weapon to reach its target. Therefore you must kick as soon as possible after your block.

What If:

- Your opponent does not step through.
- The length of your opponent's club.
- Your opponent has a friend to your left.
- Your opponent varies the angle of his attack.
- Your opponent attacks from your right flank.

Technique Notes:

When practicing, be careful that your partner does not stop the momentum of his club attack, so that you get the true value of the technique. Build confidence by having your opponent swing his club with a fluid and complete motion. Increase the speed of the attacking club as your confidence increases.

Build spontaneity by choosing either Checking the Storm or Evading the Storm to counter this attack. This will internalize the idea that often times the same idea and principles may be activated on the outside as well as the inside of an attack. However, your subsequent moves may have to be FORMULATED.

Study the ANGLE OF DEVIATION on your initial move by having your left foot step between 6:00 and 12:00. Make a list of the pros and cons of each clock position that you step to.

Build spontaneity by having your opponent throw a right straight punch at you. Block his punch with either a Left inward block or a right extended outward block (utilize the Double Factor). Follow with sequences from either Attacking Mace or Evading the Storm. This will internalize the concept that the DOUBLE FACTOR is being used in both sequences. It is only the ADJUSTING of the TIMING that makes these sequences different.

Experiment with the Angle of Departure on your last move.