
HOOKING WINGS

FRONT | TWO HAND | LOW PUSH

Name:

"Wings" are a symbolic reference to elbows. In this case it reminds you to keep your elbows (wings) anchored as your hands are hooking over your opponent's arms.

Attack:

In the IDEAL PHASE of this technique your opponent begins from the front. He steps forward with his right foot as he executes a two-hand low push toward your waist.

Theme:

This technique is very similar to that of Parting Wings, but with a slightly different twist due to your opponent's low push. The environment and/or insufficient time dictate that you cannot move to the outside of your opponent's arms. With choice limited, you must learn to act quickly on the inside of your opponent's arms. Your timing and Angle of Execution on your first move are of utmost importance. If your hands travel from Point of Origin, you will have ample time to find the correct Line of Entry over and inside of your opponent's arms. The hooks / frictional pull of your hands and arms should guide your opponent's arms past the outside edge of your Outer Rim. You have not stopped your opponent's forward momentum, but you can Borrow that Force if you quickly kick with your right foot.

Movement:

1. With your feet together, drop back with your left foot toward 6:00 into a right neutral bow (facing 12:00), as you hook with both of your hands (shape of a crane) to the inside of your opponent's wrists, jerking your opponent's arms down, outside and past your hips. (This will allow your opponent's momentum to continue into you, but direct his weapons outside of your Outer Rim.)
2. Slide your right foot back into a cat stance, and deliver a **right front snapping ball kick to your opponent's groin**. Be sure to utilize the BORROWED FORCE from his attempted push, as well as from your pulling action. (This kick will bend your opponent forward at the waist and stop his body momentum.)
3. Drop forward into a right neutral bow (facing 12:00), while looping a **right inward downward diagonal hammerfist strike to your opponent's left jaw hinge**. Immediately (continuing with a figure 8 pattern) loop a **right outward back knuckle strike to your opponent's right jaw hinge**, as your left hand check at your solar plexus. (These strikes should further disorient your opponent, and possibly drop him to the ground.)
4. Shuffle forward (pushdrag) as you follow up with a **right upward elbow strike to your opponent's chin**, while your left hand continues to check. (This will snap your opponent's head back.)
5. As your right elbow descends, deliver a **right downward heel palmclaw, first striking the bridge of the nose, and then clawing the eyes and face**. (This should break your opponent's nose, obscure his vision, and force him to the ground.)
6. Right front crossover, and **cover out toward 7:30**.

What If:

- You arms are down at the time of the attack.
- His left leg is forward.
- His left hand pushes low and his right hand high.
- You cannot step back.
- He pushes with full body momentum.
- You are hanging from some sort of bar when your opponent pushes.

Technique Notes:

"Never send your opponent's weapon into orbit to only have it re-orbit back at you". Apply this saying to your initial move.

Be sure to stabilize your base before sliding into the transitional cat stance.

Do not "Butt" when you hook.

Experience going under and over your opponent's arms before applying the frictional pulls. This action would stem from your arms hanging naturally to your sides.

The last move of this technique utilizes a heel palm claw to the face. Investigate how a real tiger claws in his natural environment.