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# OBSCURE WING

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RIGHT FLANK | LEFT HAND | SHOULDER GRAB

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## Name:

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"Wing" is symbolic for an elbow. The name stems from the fact that when the final move (the elbow) is executed it occurs within the Obscure Zones of your opponent. To state it differently, the wing is activated from a "blind spot", thus the name Obscure Wing.

## Attack:

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The IDEAL PHASE of this technique begins with your opponent attacking you from your right flank (3:00). When grabbing your right shoulder your opponent's left arm is bent at the elbow.

## Theme:

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The theme of this technique is to initiate your counter from your Point of Origin as well as from within the confines of your opponent's Obscure Zones.

## Movement:

1. While standing naturally with your opponent's left hand grabbing your right shoulder from your right flank, have your right foot drop toward 3:00 into a horse stance (while looking at your opponent). Simultaneously, and as you settle into the horse stance, deliver a **right back elbow strike to your opponent's solar plexus** as your left hand pins and checks your opponent's left hand to your right shoulder. (Your opponent should begin to bend forward at the waist.)
2. Immediately deliver a **right back hammerfist to your opponent's groin** (although optional, you may follow up with a right hand grab to your opponent's testicles). (This action should cause your opponent to bend even further.)
3. Immediately follow up with a **right snapping obscure elbow strike to the underside of your opponent's chin**. Make sure that your right arm follows the CONTOUR of your opponent's body in tracking your right arm to its target. (Your opponent's head should snap back and away from you.)
4. Right front crossover, and **cover out toward 10:30**

## What If:

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- Your opponent pulls you toward him.
- Your opponent pushes you away from him.
- Your opponent is shorter than you.
- Your opponent is taller than you.
- Your opponent attempts to pull down on your shoulder.
- Your opponent pushes you onto your hands and knees.

## Technique Notes:

Please make a list of the various ways of employing the principle of Point of Origin on the first move.

Be sure to employ the principle of With on the first move. Pin your opponent's left hand while simultaneously striking with your right elbow.

Determine the possible results of failing to Stabilize Your Base on the first move.

While a squeeze is permissible after your right back hammerfist it should be reserved for the more adept, or the more desperate needing further advantage.

Build spontaneity by having your opponent grab your right shoulder with his left hand. Respond to this attack using sequences from either Obscure Wing or Sword and Hammer. This manner of practice will internalize the concept of striking to various Height Zones on an opponent who is flanking you.