
RAKING MACE

FRONT | TWO HAND | LAPEL GRAB-PULL IN

Name:

The technique, Raking Mace gets his name from the raking method used to deliver the first (mace) across the bridge of the opponent's nose.

Attack:

In the Ideal Phase of this technique you opponent is to the front. He grabs you with two hands at the chest and pulls you toward him.

Theme:

The theme of this technique is to turn your opponent's efforts to manipulate you into an advantage. You borrow the force of your opponent's pull to accentuate the force of your initial strike. Proper timing is of the utmost importance to maximize your efforts.

Movement:

1. As your opponent pulls you in, have your right foot step forward into a right neutral bow (between your opponent's legs) while you simultaneously execute a right uppercut punch to your opponent's solar plexus. In coordination with the above action have your left hand horizontally pin both of your opponent's hands to your chest. (Your opponent should bend forward at the waist)
2. Immediately have your right hand circle counterclockwise (with your left hand still pinning) and have the knuckles of your right fist diagonally rake inward, down, and across the bridge of your opponent's nose. Continue the motion so that you strike down and onto your opponent's forearms, as your left hand checks above your right arm. (Your opponent's head should turn to his right and drop toward you.)
3. Follow up with a right outward handsword to your opponent's throat, as your left hand checks below your right arm.
4. Instantly execute a right inward horizontal elbow strike to the left side of your opponent's jaw as your left heel palm simultaneously strikes to the right side of your opponent's jaw to cause a sandwiching effect.
5. Right front crossover, and cover out toward 7:30

What If:

- Your opponent had his right foot forward.
- Your opponent has his left foot forward.
- Your opponent is taller than you are.
- Your opponent is wearing a heavy coat.
- Your opponent is wearing glasses.
- Your opponent is drunk.

Technique Notes:

What circumstances might necessitate choosing Raking Mace versus Mace of Aggression?

Which technique in Purple Belt had a similar attack? What are the basic differences in your response?

Make a list of items that you might normally have on you, or in your possession, that you could use as weapons to formulate this technique.

Backstop is a support or brace for a target that is being Sandwiched. Add this item to your vocabulary.