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# SLAKING TALON

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FRONT | TWO HAND | PUSH

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## Name:

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The name of this technique stem from the Figure 8 patterns of your right arm. The looping (snaking) action of right arm concludes at the right wrist grab (talon).

## Attack:

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In the Ideal Phase of this technique your opponent is to the front with is back to a wall. He steps forward with his right foot as he pushes with both of his hands toward your chest.

## Theme:

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This technique is an introduction to controlling your opponent's Height Zones and Width Zones while following a figure 8 path of action. It is another example of the Squeegee Principle which allows you room for error. Additionally, the same action that cancels your opponent's Height Zones can be used to borrow force. An equally important theme is the introduction of the use of environment as an offense.

## Movement:

1. While Standing Naturally, drop back with your left foot toward 6:00 into a right neutral bow (facing 12:00) as your right hand and arm loops a figure eight (following a path not a line). Begin with a **right inward handsword on the outside and top of your opponent's left arm** (with elbow anchored). Flow into a **right extended outward handsword on the outside of your opponent's right arm** (with elbow still anchored). (Both actions are to diagonally check your opponent's Height Zones and Width Zones by conveniently crisscrossing your opponent's arms diagonally and down.) During this action your left hand checks at your solar plexus.
2. As you continue the flow of your right hand, **grab you opponent's right wrist with your right hand** while fading back into a right 45° cat stance.
3. Without interruption the flow of your **right hand pull your opponent's right arm toward you** (down and to your right), as you deliver a **right front snapping ball kick to your opponent's groin**. (Your opponent should bend forward at the waist.)
4. With your right kicking foot still in the air, execute a right front crossover toward 7:30 into a left rear twist stance (facing your opponent). (Your opponent's upper body should once again become partially upright.)
5. Have your right hand release your opponent's right wrist and immediately pivot counterclockwise as you deliver a **left spinning back heel kick to your opponent's abdominal area** (toward 12:00) (Your opponent should bend forward at the waist, with his entire body driven back.)
6. Right front crossover, and **cover out toward 7:30**

## What If:

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- Your opponent's left foot is forward.
- Your opponent executes a left-right punch combination.
- Your opponent attempts a two-hand choke
- Your right arm is injured.
- You're standing on ice.

## Technique Notes:

Be sure to employ Geometric Paths when executing your Figure 8 pattern.

When practicing this technique, it is a very common error to force the snaking talon action. Study carefully the Ideal attack to determine how your snaking arm should flow naturally and correctly.

Study the relationship between Snaking Talon and Five Swords.

Investigate the possible techniques in which Snaking Talon may be grafted.

Build spontaneity by practicing against a variety of random pushes. Respond with Snaking Talon as well as other techniques that may be utilized against pushes.

During your back chicken kick be conscious of first looking over your left shoulder before looking over your right shoulder.