
SNAPPING TWIG

FRONT | LEFT HAND | DIRECT PUSH

Name:

"Twig" is a symbolic reference to an arm. In this case, it refers to your opponent's arm (twig) which you are snapping on your initial move.

Attack:

In the IDEAL PHASE of this technique your opponent is directly in front of you. He steps forward with his left foot, as he pushes directly to your right shoulder with his left hand

Theme:

This technique teaches you how to nullify or at least minimize the aggressive action of your opponent before it reaches you. You learn that, "In every defense there is an offense and in every offense there is a defense". The technique utilizes the concept of fulcruming where both arms are delivered on a horizontal plane. It also teaches the use of frictional pull simultaneous "WITH" a strike using the opposite hand.

Movement:

1. Standing with your feet together, immediately and simultaneously (1) drop back with your left foot toward 6:00 into a right neutral bow (facing 12:00), (2) execute a **right hooking inward horizontal heel palm strike to the outside of your opponent's left elbow along "with"** (3) a **left inward horizontal heel palm strike to the inside of your opponent's left wrist** (principle of FULCRUMING). (This should cancel your opponent's width zones.)
2. Immediately (1) have your right hand (while forming the shape of a crane) hook over the top of your opponent's left arm, then (2) **FRICTIONALLY PULL** (yank) your opponent's left arm down and past your right hip, while (3) pivoting into a right forward along "with" (4) a **thrusting left outward handsword strike (palm down and thumb toward you) to your opponent's throat**. (This action should initially bring his head down and toward you as your left handsword "stops" his forward momentum.)
3. Pivot into a right neutral bow (still facing 12:00) as you execute a **right inward raking back knuckle strike diagonally down across the bridge of your opponent's nose**. During this action utilize the reverse motion of your left hand as a sliding check on your opponent's left arm. (Your opponent's head should turn clockwise to his right.)
4. Shuffle forward (pushdrag) as you continue the counterclockwise motion of your right arm, but now **ADJUST** your orbit, and execute a **right inward horizontal elbow strike to the left side of your opponent's jaw without** disrupting the flow of action. Simultaneously with this action deliver a **left inward horizontal heel palm strike to the right side of your opponent's jaw to cause a SANDWICHING effect**. (Your opponent at this point may be rendered unconscious.)
5. Right front crossover, and **cover out toward 7:30**

What If:

- Your opponent's right leg is forward.
- Your opponent pushes low.
- He pushes further across the width of your body.
- His attack is a left lapel grab.
- He follows his push with a right punch.
- He crosses his toe-heel line when he steps forward with his left foot.

Technique Notes:

Experiment with different timing, when executing this sequence of moves.

Note how the method of "HOOKING" is applied twice during the course of your action.

Learn the importance of coordinating your left pinning hand with the frictional pull of your right hand. Get the feel and timing necessary to detain your opponent so that his head can be brought down and toward you.

What are other benefits of the fulcrum?

Often times you may find your opponent's left leg in the way when following up with your third and fourth moves. Make a brief list of ways to overcome this temporary obstacle.

Practice both sides of Snapping Twig, Glancing Salute, Triggered Salute, and Alternating Maces. Observe the similarities and differences in the attacks and your response to those attacks.